

## **Chocolate Bar by Dylan Siegel**

**Character Trait:** Caring

**Grades:** K-4<sup>th</sup>

**Time:** 30 minutes

**Materials:**

Chocolate Bar Book

### **Lesson:**

1. Explain to the students that the book you are going to share was written by a 6 year old boy, named Dylan, who had a big idea. Dylan's friend Jonah has a rare liver condition and they have not yet found a cure. Dylan decided he would write a book to sell to raise money to find a cure for his friend's disease.
2. Read Chocolate Bar
3. Go to [www.chocolatebarbook.com](http://www.chocolatebarbook.com). Watch the bottom video first. It tells how the book came to be. Watch the top video next. It tells about how the boys reached their goal.
4. Challenge the students to organize a class service project. Brainstorm a list of ideas. Choose one and organize an action plan.
5. Ideas for service project might include:
  - a. Hold a food drive for a local food pantry
  - b. Collect scarves, hats and gloves for a local homeless shelter
  - c. Send care packages to soldiers stationed overseas
  - d. Collect items and create hygiene kits for the homeless
  - e. Write cards and make a craft to deliver to a nursing home
  - f. Go to a nursing home to sing carols
  - g. Collect items for Operation Christmas Child shoeboxes
  - h. Make and collect rainbow loom bracelets to donate to the children's hospital