

## Each Kindness by Jacqueline Woodson

**Character Trait:** Caring, Respect

**Small group:** Friendship, Bullying

**Grades:** 3<sup>rd</sup>-4<sup>th</sup>

**Time:** 30 minutes

**Materials:**

Each Kindness Book

Large bowl of water

Small rocks



**Lesson:**

1. Ask your students “How many of you have ever made friends with a new student?” Explain that this story is about a new student and how the other students in her class respond to her.
2. As you read, ask the following questions:
  - a. Why do you think Maya looked down at the floor when she came in the room?
  - b. Why didn't Chloe smile at Maya?
  - c. What was Maya trying to do when she came to school in a fancy dress and shoes?
  - d. Do you think Chloe wanted to be friends with Maya?
  - e. What do you think happened to Maya at the end of the story?
  - f. How did Chloe feel at the end of the story? Why did she feel that way?
3. Remind the students what Mrs. Albert said about kindness.

“This is what kindness does. Each little thing we do goes out, like a ripple, into the world.”

Ask students to think about a time they did something kind for someone. Allow student volunteers to come to the bowl of water and drop a rock in as they share the kind deed they did for someone else.
4. Show the YouTube video Kindness Boomerang “One Day” from Life Vest as a visual for the ripple effect of kindness.
5. Challenge the students to think of ways they can show kindness that week.