



It's time for a KINDNESS CONTEST!

## We Are Gobbling Up Kindness at Hewitt Elementary!

November 5<sup>th</sup>-19<sup>th</sup>

### THE RULES:

1. The contest will last from Wednesday, November 5<sup>th</sup> to Wednesday, November 19<sup>th</sup>.
2. Each classroom teacher will have a turkey body on the walls of the ramp.
3. Every 10 links you earn will add one feather to your class's turkey. You will be given 7 turkey feathers to begin with. Additional turkey feathers can be found in the front office.
4. Turn in your turkey feathers to the front office with your name written on the back. We will hang them up for you and keep the official count.
5. A special pink turkey feather worth 10 bonus points will be awarded to classes who complete a Random Act of Kindness. Only one special turkey feather can be earned each week.
6. The top 3 classes with the most feathers at the end of the day November 19<sup>th</sup> will earn a popcorn party to be held on the afternoon of November 20<sup>th</sup>.
7. The teachers whose classes have the most feathers at the end of the day November 19<sup>th</sup> will earn an extra 30 minutes off on the afternoon of November 20<sup>th</sup>.

### How can you earn links?

1 act of kindness by one student = 1 link

1 act of kindness by a whole class = 1 link

10 items donated to Food for Families = 1 link for your class

1 Random Act of Kindness for others in our school = one 10 point **bonus feather** each week  
(maximum of 3 can be earned)

Look on the reverse for more info on Random Act of Kindness (RAK)!

## Random Acts of Kindness (RAK)

Random Acts of Kindness are nice things that you do for others without expecting anything in return. Often, they are done anonymously. It's been defined as an act done "by kind people to either help or cheer up a random stranger, for no reason other than to make people happier."

Here are some ideas:

- Write a note to the nurse, custodians, secretaries, lunchroom staff, specials teachers or to another grade level of teachers telling them how much you appreciate them
- Send encouraging letters to teachers at another MISD elementary school
- Cover someone's door with post-it notes with kind or encouraging words on them—have each child write one and then quietly walk by their door and stick them on
- Make some Thanksgiving art to share with a local nursing home
- Hide bubbles on the playground for the next group to find and play with
- Leave a message of kindness somewhere surprising
- Sing a song in the cafeteria together as a class
- Pick someone for the whole class to give hugs or high fives to as they walk by
- Do something kind for our Watch DOGS
- Say thank you to the PTA parents for their hard work and support of us
- Offer to read books to younger students one afternoon
- Leave happy post-it notes in the library books that you return
- Make bookmarks with kind messages for Mrs. Gaines to hand out with books
- Invite another class to play board games with your class
- Pick up trash on the playground or in the front of the school
- Make sure everyone in the line says "please" and "thank you" to our cafeteria staff

### BE CREATIVE!

Have fun with this and enjoy spreading a little happiness around  
Hewitt!

Please report your RAK to Diane or Jodi.

We will award the pink bonus feathers as we hear about your  
kind acts!

