**The Kindness Quilt by Nancy Wallace**

**Character Trait:** Caring, Compassion, Kindness

**Small group:** Friendship

**Grades:** K-2nd

**Time:** 25 minutes

**Materials:**

 The Kindness Quilt Book

 Bring either a quilt or pictures of a quilt

Variety of construction paper squares or strips of colored paper (you can cut 8 ½ squares with 8 ½ by 11 paper and use the extra to make strips and corner squares)

**Lesson:**

1. Show the children the quilt (or pictures of the quilt). Walk around and ask some of the friends to feel the quilt if you have a real quilt of ask if anyone can tell you what the pictures of the quilt might feel like to wrap up in the quilt. Many will respond with “warm” or “nice” and tell them that you want them to listen and see if the quilt in the story feels that way too.
2. Read The Kindness Quilt.
3. Ask if they think the paper quilt in the story feels “warm” or “nice” or whatever their responses were. Talk about how the good feelings spread between the children and then the school.
4. Provide the children with a piece of white or light colored construction paper and have them write or draw “what happiness is to them.” I have found it is easier with the younger children to glue the writing or drawing on a single colored paper and glue corner squares in the corners. Older children can handle strips and squares but it takes additional time.
5. When they finish, have each child share what kindness means to them and show their quilt square.

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